



Bicyclists of Iowa City Ride Sign-Up Sheet

www.bicyclistsofiowacity.org

Welcome

AGREEMENT AND RELEASE OF LIABILITY

I understand that bicycling involves potentially hazardous activity that may result in property damage, personal injury and death. I voluntarily choose to participate and assume the risks thereof. I understand that I am responsible for my personal safety, my physical condition and the condition of my bicycle and equipment, and that I am **expected to wear a helmet**. In consideration of my participation in this bicycle ride sponsored by the Bicyclists of Iowa City, I, for myself, spouse, heirs, personal representatives, and next of kin, do waive and release Bicyclists of Iowa City, its members, agents and sponsors from all claims of any kind that I may have or that may accrue in the future arising out of or relating in any way to my participation in the event. I intend by my signature for this to be a complete and unconditional release of liability to the greatest extent allowed by law. **I HAVE READ THIS AGREEMENT AND RELEASE, UNDERSTAND IT AND VOLUNTARILY AGREE TO AND ACCEPT ITS TERMS. I UNDERSTAND I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS.**

The details of today's ride is here:

Date:	Time:	Class:
From:	To:	
Host(s) and Phone:		Distance(s):

Liability Release Signature	Emergency Phone	Liability Release Signature	Emergency Phone
1		15	
2		16	
3		17	
4		18	
5		19	
6		20	
7		21	
8		22	
9		23	
10		24	
11		25	
12		26	
13		27	
14		28	